

HUMMINGBIRD YOGA STUDIO

June-Aug 2019

Red: Hot Yoga Green: Heated Yoga Blue: Room Temp.

SUNDAY

9:30-10:45 am Heated Flow/Restorative Leah
*2:00-3:15 pm Soundbath Karee/Tracy Event 06/02 \$15

MONDAY

8:00-9:30 am Hot 90 Devin
5:30-6:45 pm Forrest/Vinyasa Leah
*7:00-8:30 pm Full Moon Circle Bria/Christine/Taryn Event, 06/03 \$15/\$20

TUESDAY

6:30-7:45 pm Vinyasa Bria or Christine

WEDNESDAY

7:00-8:00 am Matwork Pilates Brandi **NEW** \$10.00 Class
5:30-6:45 pm Hatha/Vinyasa Bria or Christine

THURSDAY

4:30-5:30 pm Forrest Yoga Leah

FRIDAY

9:00-10:15 am Hot Power Yoga Bria/Devin/Jen (June). Ruth (July-Aug)
5:30-6:30 pm Heated Flow Rotate Instructors \$5.00 Class

SATURDAY

8:00-9:30 am Hot 90 Devin (Jen, Heated Vinyasa June 1)

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47 S. Main St. Driggs, Idaho **Find us on Facebook, Instagram &**
www.1hummingbirdyoga.com

***Soundbath**: June 03, 2:00-3:15 pm. \$15.00. Karee Miller Jaeger, vocals/guitar and Tracy Baumann, Tibetan singing bowls. Next event, July 7, 2:00-3:15 pm.

***Moon Circle**: June 03, 7:00-8:30 pm. \$15.00 early sign up or \$20 day of. With Bria, Taryn, and Christine. Next Moon Circle event, July 16, 7-8:30 pm.

Drop in: Adults:\$15.00 Teens: \$7.50 Kids: \$5.00

Punch Cards: 5 classes - \$70.00 10 classes - \$130.00

15 classes - \$180.00 20 classes - \$220.00

Gift Certificates are available upon request.

Memberships are available for unlimited yoga!! Please ask a staff member for more details or to purchase a 1, 3, 6, or 12 month membership. A one time, non-refundable membership fee of \$50 will be added to membership price and total amount is to be paid in full on day of agreement.

Please Contact Christine Mock for the month of June if you have any questions, concerns, comments, or if the studio is amiss.

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