

June 2019 Class/Instructor Schedule

June-August class days/times are set for the summer.

Hummingbird Yoga Studio

47 S. Main St. Driggs, Id

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|---|---|
| <p>Please Contact Christine Mock, 720-270-0398, if you have any questions or concerns in June. Ruth will be away for the month of June.</p> | | | | | | <p>1 8:00-9:30 am Heated Vinyasa Jen</p> |
| <p>2 9:30-10:45 am Heated Flow/ Restorative Leah</p> <p>2-3:15 pm Restorative Soundbath Event \$15 Karee/Tracy</p> | <p>3 8:00-9:30 am Hot 90 Devin</p> <p>7:00-8:30 pm New Moon Circle Event: \$15 sign up \$20 day of Bria, Christine, Taryn</p> | <p>4 6:30-7:45 pm Heated Vinyasa Bria</p> | <p>5 7:00-8:00 am Matwork Pilates \$10 Class Brandi</p> <p>5:30-6:45 pm Heated Hatha/Vinyasa Bria</p> | <p>6 4:30-5:30 pm Forrest Leah</p> | <p>7 9-10:15 am Hot Power Yoga Bria</p> <p>5:30-6:30 pm Heated Flow \$5 Class Nora</p> | <p>8 8:00-9:30 am HOT 90 Devin</p> |
| <p>9 9:30-10:45 am Heated Flow/ Restorative Leah</p> | <p>10 8:00-9:30 am Hot 90 Devin</p> <p>5:30-6:45 pm Heated Forrest/Vinyasa Leah</p> | <p>11 6:30-7:45 pm Heated Vinyasa Christine</p> | <p>12 7:00-8:00 am Matwork Pilates \$10 Class Brandi</p> <p>5:30-6:45 pm Heated Hatha/Vinyasa Christine</p> | <p>13 4:30-5:30 pm Yoga Basics Connie</p> | <p>14 9-10:30 am HOT 90 Devin</p> <p>5:30-6:30 pm Heated Flow \$5 Class Nora</p> | <p>15 8:00-9:30 am HOT 90 Devin</p> |

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| 16 No Class Father's Day | 17 8:00-9:30 am Hot 90 Devin 5:30-6:45 pm Heated Forrest/Vinyasa Leah | 18 6:30-7:45 pm Heated Vinyasa Christine | 19 7:00-8:00 am \$10 Class Matwork Pilates Brandi 5:30-6:45 pm Heated Hatha/Vinyasa Christine | 20 4:30-5:30 pm Forrest Leah | 21 9-10:15 am Hot Power Yoga Jen 5:30-6:30 pm Heated Flow \$5 Class Christine | 22 8:00-9:30 am HOT 90 Devin |
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| 23 9:30-10:45 am Heated Flow/ Restorative Leah <hr/> 30 9:30-10:45 am Heated Flow/ Restorative Leah | 24 8:00-9:30 am Hot 90 Devin 5:30-6:45 pm Heated Forrest/Vinyasa Leah | 25 6:30-7:45 pm Heated Vinyasa Christine | 26 7:00-8:00 am \$10 Class Matwork Pilates Brandi 5:30-6:45 pm Heated Hatha/Vinyasa Christine | 27 4:30-5:30 pm Forrest Leah | 28 9-10:15 am Hot Power Yoga Bria 5:30-6:30 pm Heated Flow \$5 Class Christine | 29 8:00-9:30 am HOT 90 Devin |
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Drop In Class Prices: \$15 Adults Teens \$7.50 Kids \$5.00

Event Prices: Sound bath: \$15 Moon Circles: \$15 early sign up or \$20 day of

Punch Card Prices:

5 class punch card. \$70 (\$14 per class)

10 class punch card. \$130 (\$13 per class)

15 class punch card. \$180 (\$12 per class)

20 class punch card. \$220 (\$11 per class)

You can find us on Facebook, Instagram, & www.1hummingbirdyoga.com